

2nd International PEROSH Conference on Prolonging Working Life 21–22 September 2022, STAMI, Norway (hybrid)

Due to demographic changes across Europe, often referred to as the ‘ageing society’, there are strong political interests in maintaining the labour force by prolonging working life, through decreasing early exit from work and increasing the actual retirement age. However, exit from work is a complex and dynamic process, involving different factors (e.g., push, pull, stay factors) at different levels (individual, workplace, society).

The PEROSH project ‘Prolonging Working Life’ was initiated in 2018 and aims to determine push and stay factors regarding labour market participation of elderly workers across different European countries. The project wants to support and improve initiatives for preserving elderly workers at the labour market across Europe, considering different regulations and cultures.

As part of the project, the 1st International Conference for the PEROSH institutions and close collaborators was held in May 2020, as an online meeting, arranged by the National Research Centre for the Working Environment (NFA) in Copenhagen, Denmark.

The 2nd International PEROSH Conference will be arranged by the National Institute of Occupational Health (STAMI) in Oslo, Norway, 21–22 September 2022, as a hybrid conference, i.e. a physical meeting with possibility of online participation. Presenters should preferably participate physically, if possible. Participants can freely choose to participate online or physically. The aim of this conference is to share knowledge and stimulate networking within the PEROSH institutions about the topic of prolonging working life.

Location: National Institute of Occupational Health (STAMI), Gydas vei 8, Oslo, Norway.
It is also possible to participate online.

Cost: Physical participation, including lunch, coffee/tea and dinner: 1200 NOK.
Travel and accommodation expenses are not covered (see hotels near STAMI below).
Online participation is free.

Registration (open until 1st September 2022): [PEROSH Conference PWL – registration](#)

Abstract submission (extended deadline 1st May 2022): Participants are encouraged to submit an abstract with their own research to be presented at the conference (about 10 min + 5 min discussion). The abstract template (last page of this document) should be used, and the abstract emailed to abstract.pwl@stami.no.

Topics for the conference:

- i. Covid-19 and work
- ii. Remote work, non-standard work arrangements
- iii. Work factors (ergonomic/mechanical, physical, chemical, biological)
- iv. Psychosocial or organisational work factors (incl. positive factors, working time)
- v. Senior policies and practical implementation of good senior practice in workplaces
- vi. Possibilities for changing “track” (other work tasks or job type)
- vii. New technologies, digitalization
- viii. Age discrimination
- ix. Individual factors and skills
- x. Health surveillance systems in workplaces
- xi. Country specific labour market policies related to age (early retirement, unemployment)

Program

Day 1: 21 September 2022

- 11:30–12:30 Registration & lunch (sandwich)
- 12:30–12:45 Opening by STAMI
- 12:45–13:10 Keynote 1 (STAMI)
- 13:15–14:00 Short presentations (3 à 10 min + 5 min questions) (Physical)
- 14:00–14:30 Networking & discussion (break)
- 14:30–16:00 Short presentations (6 à 10 min + 5 min questions) (Digital)
- 16:00–16:30 Networking & discussion (break)
- 16:30–16:55 Keynote 2
- 17:00–18:00 Short presentations (4 à 10 min + 5 min questions) (Physical)
- 19:30 Dinner

Day 2: 22 September 2022

- 09:00–09:25 Keynote 3
- 09:30–10:30 Short presentations (4 à 10 min + 5 min questions) (Physical or digital)
- 10:30–11:00 Networking & discussion (break)
- 11:00–11:25 Keynote 4
- 11:30–12:30 Short presentations (4 à 10 min + 5 min questions) (Physical or digital)
- 12:30–13:30 Lunch in STAMI cantina
- 13:30–14:30 Short presentations (4 à 10 min + 5 min questions) (Physical or digital)
- 14:30–15:00 Networking & discussion (break)
- 15:00–15:25 Keynote 5
- 15:30–15:45 Thank you and goodbye

Keynotes

- Ingrid Sivesind Mehlum (STAMI). *Network on the Coordination and Harmonisation of European Occupational Cohorts (OMEGA-NET): Achievements and results of relevance to research on prolonging working life, after 4½ years of COST Action networking and collaboration.*
- Swenneke Van den Heuvel (TNO). *Opportunities and limitations of research using European datasets to investigate relevant research questions about prolonging working life. Second report from this PEROSH project.*
- Svetlana Solovieva (FIOH): Nordic project (2016–2022): *To what extent are work disability and exit from work preventable? Completing the Nordic Work Disability Database and utilizing it to look at occupation-specific prevention potential and working life expectancy.*
- Lars Andersen (NFA): *Overview of results from prospective studies from Denmark, e.g. SeniorWorkingLife and Healthy & Safe the Entire Working Life. Push and Stay factors for labour market attachment. Influence of age on the association between work environment and health.*
- Emil Sundstrup (NFA): *New technologies: pros and cons for older workers. Overview of the international literature and new results from Denmark.*

Hotels near STAMI

[Scandic Hotels Grensen](#)

In the city centre, 10 minutes' walk from the Nationaltheatret station, where trains from the airport arrive.

To get to STAMI: Subway from Stortinget station to Majorstuen station (2 stops), 7 minutes' walk to STAMI. Or walk the whole way, about 40 minutes.

[Thon Hotel Gyldenløve](#)

Between the city centre and STAMI. Take a tram from the Nationaltheatret station, where trains from the airport arrive, or walk (20 minutes). 15 minutes' walk from the hotel to STAMI.

Abstract Submission Instructions PWL 2022

Language: English

Maximum word count: 350 excluding title, authors, and affiliations

Font: Calibri or Times New Roman, with font size 14 (title), 9 (affiliations), 11 (authors and main text). Use single line spacing.

Please submit your abstract as a Word document (.doc or .docx), using the template (example abstract) below and on the registration and pay close attention to the formatting requirements given in the template.

If you submit more than one abstract, please submit each abstract in a separate e-mail.

Please indicate whether you plan to attend physically or digitally at the conference.

Send abstract to: abstract.pwl@stami.no.

Subject heading of email: "PWL Abstract"

Is an abstract template of any use?

Ola Nordmann^{1*}, Holger MB Danske², John Doe^{1,3}

- 1) Department of ..., Institute of ..., Oslo, Norway
- 2) Department of..., Institute of ..., Copenhagen, Denmark
- 3) English Biobank Society, London, England

*) Email corresponding author: Ola.Nordmann@no

Introduction: Without a template, submitted abstracts (ABs) tend to vary in detail, like length, font type, layout, etc., creating more work for the organizing committee in terms of restructuring abstracts for an abstract booklet.

Aims: To standardize the format of submitted ABs.

Methods: A template was created to minimize the possibilities for AB heterogeneity. The maximum number of words allowed was 350 (excluding title, authors, and affiliations). The font used was Calibri or Times New Roman with font size 14 (title), 9 (affiliations), and 11 (authors and main text). Bold was used for the title, the presenting author, and the 'headings', and affiliations were denoted by superscripts (if all authors had the same affiliation, no superscript was used). Authors were separated by comma only (not 'and' before the last author), and no punctuation was used after the middle initial(s).

Results: Out of 100 submitted ABs, 90% did not need any post-processing before printing (95% confidence interval 82.4-95.1).

Conclusions: Using an abstract template clearly reduces the amount of work needed for creating an abstract booklet.

I will attend the conference: Physically _____ Online _____

Prolonging Working Life Conference, 21–22 September 2022 in Oslo, Norway