



MENTAL HEALTH AND WELL-BEING AT THE WORKPLACE

Protection and inclusion in challenging times

We are pleased to announce the joint conference of the World Health Organization Regional Office for Europe and the German Alliance for Mental Health, organized in co-operation with the European Commission, DG Health and Consumers, and supported by the German Federal Ministry of Health:

MENTAL HEALTH AND WELL-BEING AT THE WORKPLACE

Protection and inclusion in challenging times

The scope and purpose of the conference is to discuss the challenges of mental health and well-being at the workplace in the face of difficult economic times. There will be a focus on social integration and the empowerment of vulnerable people. The aim is to identify best practice and to bring forward policy recommendations for employers as well as the political institutions concerned. The conference relates to the WHO Mental Health Declaration and Action Plan for Europe (Helsinki 2005) and the EC European Pact for Mental Health and Well-being (Brussels 2008).

Mental health problems have become one of the leading causes for absenteeism from work and early retirement all over Europe. Maintaining good mental health at the workplace is therefore not only essential for the individual but also a challenge facing business and society as a whole.

Action needed include:

- ... Raising awareness for the importance of mental health
- ... Preventing work-related mental health problems
- ... Empowering employees with mental health problems
- ... Promoting labour market participation for people with mental health problems
- ... Tackling stigma and prejudices against mental health problems as being obstacles for early diagnosis, recovery and integration

CONFERENCE HOTEL

Courtyard Berlin Mitte
Axel-Springer-Strasse 55
10117 Berlin
Germany

LOCATION

Berlin-Mitte, near Check-Point-Charlie and the Jewish Museum
Public transport: underground station „Spittelmarkt“ (line: U2)

REGISTRATION

In order to take part in the conference, please register online:
www.mental-wellbeing.net
Places are limited.
We therefore advise you to register as soon as possible.

ACCOMMODATION

Further information online:
www.mental-wellbeing.net

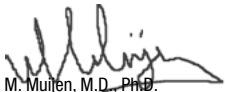
CONTACT

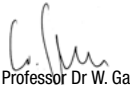
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ORGANISATION

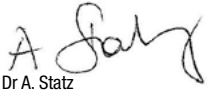
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Joint Conference by the World Health Organization and the German Alliance for Mental Health
Co-organized by the European Commission and supported by the German Federal Ministry of Health

17 & 18 March 2009, Berlin

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 Aktionsbündnis
Seelische Gesundheit



EUROPE



 Directorate-General for
Health & Consumers



Bundesministerium
für Gesundheit

www.mental-wellbeing.net



17 MARCH 2009

1.00 pm REGISTRATION

2.00 pm OPENING SESSION

Professor Dr Wolfgang Gaebel, German Alliance for Mental Health

Special address

Bundesministerin Ulla Schmidt, German Federal Ministry of Health

Dr Matt Muijen, WHO Regional Office for Europe

Michael Hübel, European Commission, DG Health and Consumers

3.00 pm Challenge of modern working life to mental well-being and social inclusion

Workplace related mental health problems – risks and prevention
Professor Dr Karl Kuhn, European Network for Workplace Health Promotion, Germany

Protection and inclusion of vulnerable people in times of economic crisis
Professor Dr Paul Schnabel, The Netherlands Institute for Social Research, The Netherlands

Stigma and discrimination – overcoming the barriers to employment
Dr Bob Grove, Sainsbury Centre for Mental Health, United Kingdom

4.15 pm COFFEE BREAK

5.00 pm Meeting the challenge of integration and empowerment at the workplace

Support for people with mental health problems in the labour market
Dr Niels Pörksen, APK, German Action for Mental Health, Germany

Employment integration: the role of the associations of people with mental illness and their families
Maria J San Pio, FEAFES, Spanish Confederation of Groupings of Families and People with Mental Illness, Spain

Experienced involvement - not only for mental health services?
Harrie Van Haaster, IGPB, The Netherlands

Back to work after mental illness with support by employees
Dr Joachim Stork, AUDI AG, Germany

6.30 pm CLOSE

7.30 pm RECEPTION

18 MARCH 2009

9.00 am INTRODUCTION

Mental health and well being at the workplace: Requirements & recommendations

Gudrun Schliebener, BApK, National Association of Families with Mentally Ill People, Germany

Ruth Fricke, BPE, National German Organization of Psychiatry Users and Ex-users, Germany

9.30 am PARALLEL WORKSHOPS

WORKSHOP 1

Prevention of mental health problems between economic necessities and potentials

Moderator: Professor Dr Karl Kuhn

Examples of practice

Patrycja Wojtaszczyk, Nofer Institute of Occupational Medicine, Poland

Catherine Kilfedder, BT Group, United Kingdom

WORKSHOP 2

Pathways to integration in today's regular job market

Moderator: Professor Paul Schnabel

Examples of practice

Igor Hrast, OZARA, Slovenia

Heidrun Thiel, Alsterarbeit, Germany

WORKSHOP 3

Overcoming stigma and discrimination at the workplace

Moderator: Dr Bob Grove

Examples of practice

Geoff Huggins, Mental Health Division, Scottish Government, United Kingdom

Marlies Hommelsen, BApK, National Association of Families with Mentally Ill People, Germany

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12.30 am LUNCH BREAK

1.30 pm REPORT FROM WORKSHOPS I-III

Debate: What can be done? What has to be done?
Recommendations for policy making to encourage mental health at the workplace

Participants:

Michael Hübel, European Commission, DG Health and Consumers

Erik Olsen, ENUSP, European Network of Users, Ex-users and Survivors of Psychiatry

Dr Gregor Breuckner, BKK Federal Association, Germany

Juliane Bir, European Trade Union Confederation

Dr Jacques Van der Vliet, Standing Committee of European Doctors

Karen Linn, Johnson & Johnson, United Kingdom

Moderators: Professor Dr Wolfgang Gaebel, Dr Matt Muijen

3.00 pm CONCLUSIONS, RECOMMENDATIONS AND FUTURE ACTIVITIES

3.30 pm CLOSE

The working language of the conference will be English.
This is a non-smoking conference.

