



Dear reader

ENWHP was formally established in 1996. With the support of the European Commission, DG Health and Consumer Protection, the ENWHP has carried out a number of important European initiatives over the past decade which have established workplace health promotion (WHP) as a field of action for public health at European and national level. The current 7th initiative focuses on life-style related Workplace Health Promotion (WHP), and especially on the combination of physical activity, healthy diet, mental health and smoking prevention.

Kind regards
ENWHP-Newsletter-Team

The current topics

It is now possible to register for the 6th European Conference on Promoting Workplace Health!!!

In April 2009 in Perugia will conclude the 7th ENWHP initiative "Move Europe", focussing on comprehensive workplace health strategies integrating lifestyle management into a wider approach for improving the quality of working life. Please note, the number of participants is strictly limited. Early registration is recommended. [more...](#)

The impact of OSH and OSH interventions on company performance

Occupational Safety and Health (OSH) is good for business. This slogan is often used to promote OSH interventions on corporate level. However, in practice the economic argument does not always work because of the lack of convincing evidence on the one hand and also because of the problems involved in aligning the OSH interventions with the company strategies and goals. This workshop brings together stakeholders from practice and research to discuss about the relation between OSH and company performance and how this could be integrated on company level. [more...](#)

Beneficial return on investment in Workplace Health Promotion – setting the evidence base for a sound allocation of activities

In modern societies, work is the source of most individual, corporate and community wealth. The world of work therefore is particularly vulnerable to disruption caused by illness among employees. Illness can involve a temporary absence, lead to reduced productivity, to long-term disability or even to premature death. It can also end careers with a consequent loss of knowledge, skills and experience from companies and public organisations. [more...](#)

Achieving business excellence and health - publication ready for download

On the occasion of the 'Enterprise for Health' international management conference on 30/31 October in London, a comprehensive brochure has been published. It includes articles by academic experts as well as company contributions that provide an insight into the different approaches in tackling the topic "Achieving Business Excellence - Health, Well-Being and Performance". The publication is designed to disseminate knowledge and promote good practice. [more...](#)

Working together to reduce stress at work - a guide for employees

Work-related stress can be tackled by working with your employer to identify issues at source and agreeing on realistic and workable ways to tackle them. To help do this, HSE has produced Management Standards and guidelines on work-related stress for employers and employees and their representatives. This leaflet explains what these are and what you can do to help your employer to help you. [more...](#)

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Imprint:
BKK Federal Association - Department of Health, Kronprinzenstrasse 6, 45128 Essen
<http://www.enwhp.org>

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Events & Dates

23-24 January 2009: Helsinki, Finland --- Workshop on 'The impact of OSH and OSH interventions on company performance'

[more...](#)

28-30 January 2009: Dresden, Germany

International strategy conference
'Building a bridge between international and national strategies on health and safety at work'

[more...](#)

27-28 April 2009: Perugia, Italia --- HEALTHY WORK - HEALTHY LIFESTYLE - HEALTHY BUSINESS

[more...](#)

20-22 August 2009: Gothenburg, Sweden --- The 6th Nordic Health Promotion Research Conference

[more...](#)

10-12 February 2010: Helsinki, Finland --- Towards Better Work and Well-being

[more...](#)