



Dear reader

ENWHP was formally established in 1996. With the support of the European Commission, DG Health and Consumer Protection, the ENWHP has carried out a number of important European initiatives over the past decade which have established workplace health promotion (WHP) as a field of action for public health at European and national level. The current 7th initiative focuses on life-style related Workplace Health Promotion (WHP), and especially on the combination of physical activity, healthy diet, mental health and smoking prevention.

Kind regards
ENWHP-Newsletter-Team

The current topics

The new ENWHP-initiative "Mental Health at the Workplace" kick off

The new initiative activated by the ENWHP and the European commission focuses public interest in a special way on "Mental Health". The meaning of mental health promotion and mental disorder prevention was presented and discussed at this year's EU High-Level Conference and led to a common agreement: The "European Pact for Mental Health and Well-being". [more...](#)

Value of Workplace Health Promotion

A one day conference on workplace health promotion was held in Reykjavík, Iceland on 18th September 2008. The conference was held as a part of two European funded projects: the e-learning project Healthy Together, which is funded by Leonardo da Vinci fund and the Icelandic Move Europe campaign. The ENWHP consortium group were special guests of the conference. [more...](#)

Stress and well-being at work - the costs and challenges

The enterprise culture of the 1980s, and the Americanized workforce of the 1990s and early 2000s helped to transform the economies of the developed world. But, as we were to discover, by the end of these decades, there was a substantial personal cost for many individual employees. This cost was captured by a single word – stress. [more...](#)

Sustainable change of health behaviour – but how?

For the first time during dialogue between the IGA (Initiative for Health and Work) experts, a topical scientific issue - the changing of health behaviour – was debated in a small group by scientists and practitioners. The health theory of Professor Ralf Schwarzer addresses the essential components that need to be influenced for people to change their behaviour. This applies both to health behaviour as well as safety consciousness at the workplace. [more...](#)

6th European Conference on Promoting Workplace Health

The conference in Perugia will conclude the 7th ENWHP initiative "Move Europe", focussing on comprehensive workplace health strategies integrating lifestyle management into a wider approach for improving the quality of working life. To promote the exchange of experience, Models of Good Practice that have been identified during the course of the project will be presented by company representatives who will describe their activities in this field. [more...](#)

European Safety Federation is one of the first nine official campaign partners of EU-OSHA Risk Assessment campaign

The European Agency for Safety and Health at Work (EU-OSHA) announced in April this year their wish to join forces with pan-European organisations and companies to promote the 2008-2009 safety at work campaign. The European Safety Federation (ESF) was one of the first organisations to respond positively to this appeal. Result of several months of preparation, is the confirmation of the ESF as one of the first nine official campaign partners. [more...](#)

Events & Dates

5 November 2008: Rome, Italy --- International Conference Psychosocial Risk Management at Work: the European Framework

[more...](#)

5-6 November 2008: Basel, Switzerland --- 2nd Trade Fair for Work and Health "Healthy employees also boost the balance sheets"

[more...](#)

6-8 November 2008: Lisbon, Portugal ---16th European Conference on Public Health

[more...](#)

15-16 November 2008: Birmingham, England --- Workplace Bullying, including Cyber-Bullying - The Case for Dignity at Work

[more...](#)

20-21 November 2008: Riga, Latvia --- QUALITY OF WORK – QUALITY OF LIFE, The role of labour inspection in implementation of European and national strategies

[more...](#)

23-24 January 2009: Helsinki, Finland --- Workshop on 'The impact of OSH and OSH interventions on company performance'

[more...](#)

27-28 April 2009: Perugia, Italia --- HEALTHY WORK - HEALTHY LIFESTYLE - HEALTHY BUSINESS

[more...](#)

20-22 August 2009: Gothenburg, Sweden --- The 6th Nordic Health Promotion Research Conference

[more...](#)

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BKK Federal Association - Department of Health, Kronprinzenstrasse 6, 45128 Essen
<http://www.enwhp.org>

Editorial staff: Dr. Reinhold Sochert, Dagmar Johannes, Anke Siebeneich