



**Dear reader**

ENWHP was formally established in 1996. With the support of the European Commission, DG Health and Consumer Protection, the ENWHP has carried out a number of important European initiatives over the past decade which have established workplace health promotion (WHP) as a field of action for public health at European and national level.

Kind regards  
ENWHP-Newsletter-Team

**The current topics**

**State of Kuwait Prize for research in health promotion for 2009 - Award to Nofer Institute in Poland**

Following a decision made by the World Health Organisation Executive Board, the Polish National Centre for Workplace Health Promotion – a department of Nofer Institute of Occupational Medicine, was awarded the State of Kuwait Prize for research in health promotion for 2009. Each WHO member state may nominate only one candidate each year for the award. The prize can be awarded to one or more persons, institutions or nongovernmental organisations for outstanding scientific achievements. [more...](#)

**Effectiveness and economic benefits of workplace health promotion and prevention. Summary of the scientific evidence 2000 to 2006.**

IGA (Initiative for Health and Work) concludes that there is consensus in recent scientific literature on the fact that interventions of workplace health promotion and prevention make an important contribution to the preservation of employees' health. They can reduce health risks, decrease the prevalence of illnesses as well as promote health-conscious behaviour. There is also consensus about the fact that workplace health promotion pays off for companies by reducing medical costs and decreasing sickness absenteeism from work. [more...](#)

**Stress management competency indicator tool**

The Management competencies for preventing and reducing stress at work framework is designed to enable you to support managers to prevent and reduce stress in their teams - without actually increasing the workload, and therefore the stress, upon the line managers themselves. The Stress management competency indicator tool enables managers to assess whether these stress management behaviours are part of their repertoire or not, and identify any gaps in skills or behaviours. You can use this information to seek targeted help and guidance. [more...](#)

**PRIMA-EF - Promoting the translation of knowledge on mental health and psychological well-being into policy and practice**

The PRIMA consortium is developing international standards, best-practice guidance and awareness campaigns on the subject. This research will promote the translation of knowledge on mental health and psychological well-being into policy and practice, not only across Europe but also internationally. The project outcomes are expected to shape the EC and WHO strategies for the promotion of well-being at work and make a real difference at the workplace level. [more...](#)

**Appreciative Inquiry - a Methodology to create the Future**

Appreciative Inquiry (AI) is an exciting way to embrace organizational change. Its assumption is simple: Every organization has something that works right – things that give it life when it is most alive, effective, successful, and connected in healthy ways to its stakeholders and communities. AI begins by identifying what is positive and connecting to it in ways that heighten energy and vision for change. [more...](#)

**Reducing the Burden of Noncommunicable Diseases: Addressing the Causes of the Causes**

The training course on 7th-12th June 2009 in Venice, Italy, will explore the evidence and the frameworks used to address the burden of noncommunicable diseases through action on: the social determinants of health (e.g. urbanization, income, education, trade), the conventional risk factors (tobacco, unhealthy diet, physical inactivity, harmful use of alcohol). Course participants will enhance their skills in analyzing the determinants of NCD, in working across sectors, and in promoting interventions to reduce the burden of NCD and health inequities. The ultimate goal is to reduce health inequities, especially within countries, and to promote development. [more...](#)

**Events & Dates**

**7-8 May 2009: Akureyri, Iceland --- Nordic Conference**

[more...](#)

**13-16 May 2009: Santiago de Compostela, Spain --- 14th European Congress of Work and Organizational Psychology - Developing People in the 21st Century Organizations: Global and Local Perspectives**

[more...](#)

**24-25 June 2009: Brussel, Belgium --- Employment Week: Europe's Labour Market - ensuring growth through human capital**

[more...](#)

**9 July 2009: Zurich, Switzerland --- National Workplace Health Promotion Conference**

[more...](#)

**18-20 July 2009: Chiba-city, Japan --- The First Asia-Pacific Conference on Health Promotion and Education**

[more...](#)

**2-6 August 2009: Venezia, Italy --- 19th INTERNATIONAL SYMPOSIUM ON SHIFTWORK AND WORKING TIME**

[more...](#)

**20-22 August 2009: Gothenburg, Sweden --- The 6th Nordic Health Promotion Research Conference**

[more...](#)

**27-28 August 2009: Zurich, Switzerland --- Swiss Public Health Conference**

[more...](#)

**21 September 2009: Liverpool, United Kingdom --- EUROPEAN HEALTHY STADIA CONFERENCE**

[more...](#)

**20-23 October 2009: Elsinore, Denmark --- Understanding Small Enterprises – a healthy working life in a healthy business**

[more...](#)

**22-24 October 2009: Lisbon, Portugal --- XIth European Conference on Organizational Psychology and Human Service Work. New challenges and interventions in human services**

[more...](#)

**26-28 November 2009: Lodz, Poland --- 17th EUPHA Conference on Public Health**

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