



Dear reader

ENWHP was formally established in 1996. With the support of the European Commission, DG Health and Consumer Protection, the ENWHP has carried out a number of important European initiatives over the past decade which have established workplace health promotion (WHP) as a field of action for public health at European and national level. The current 7th initiative focuses on life-style related Workplace Health Promotion (WHP), and especially on the combination of physical activity, healthy diet, mental health and smoking prevention.

Kind regards
ENWHP-Newsletter-Team

The current topics

The Move Europe Campaign is highly attractive to European companies

A few days into 2009 and we are rapidly approaching the conclusion of the Move Europe Campaign. So we would like to show you the current data resulting from the Company Health Check. This was the first step taken by the companies to become "Move Europe Company" where they assessed the quality of their lifestyle-related health promotion programmes. [more...](#)

How can lifestyle management be integrated in working life?

On the question of how to integrate lifestyle management in working life, three specific issues will be addressed at the 6th European Conference on Promoting Workplace Health: "Working life on the move: Ergonomics, Fitness and Well-being", "Work and stress: Spice of life or kiss of death?", "Clearing the air at work", "The enjoyment of a smoke-free workplace". The Conference will also provide a platform for practitioners identified during the Move Europe campaign to present findings and demonstrate methods, tools and approaches for better health and well-being at workplaces. [more...](#)

Move Europe healthiest German companies 2008

For the second time, the European Commission together with the BKK Federal Association gave an "German Enterprise-Award for Health". This award ceremony is the annual Highlight of the Move Europe campaign. At the congress "Competitive Advantage for Health" eleven business companies received an award. [more...](#)

New forms of work organisation: the high road to innovation

Policy makers, social partners and others have an interest in promoting types of work organisation which enable all employees to use their talent and creative potential to the full. For business this creates indispensable conditions for innovation and enhanced productivity through workforce motivation, retention and innovation. [more...](#)

Promoting mental wellbeing at work

According to the most recently available Labour Force Survey for 2004-2005, 509,000 individuals in the UK believed they were suffering from stress, depression or anxiety and these conditions were caused or made worse by their current or past work. This resulted in an estimated 12.8 million working days lost with an average of 30.9 days off over a 12 month period. [more...](#)

Move Europe-Partner – The borough Friedrichshain-Kreuzberg an excellent practice example from the German commercial service sector

The borough Friedrichshain-Kreuzberg has 255 000 inhabitants; it is the most densely populated town centre district with the youngest population in Berlin. Wilhelmian style buildings and large open spaces characterise this district. [more...](#)

Events & Dates

10-12 February 2010: Helsinki, Finland --- Towards Better Work and Well-being
[more...](#)

8-12 March 2009: Mumbai, India --- 14th World Conference on Tobacco or Health
[more...](#)

27-28 April 2009: Perugia, Italia --- HEALTHY WORK - HEALTHY LIFESTYLE - HEALTHY BUSINESS
[more...](#)

18-20 July 2009: Chiba-city, Japan --- The First Asia-Pacific Conference on Health Promotion and Education
[more...](#)

20-22 August 2009: Gothenburg, Sweden --- The 6th Nordic Health Promotion Research Conference
[more...](#)

20-23 October 2009: Elsinore, Denmark --- Understanding Small Enterprises – a healthy working life in a healthy business
[more...](#)

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Imprint:
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