

## Dear reader

In the following we provide you with our latest news about projects and good practice from the field of workplace health promotion.

Kind regards  
ENWHP-Newsletter-Team

## The current topics

### 10 Years of Enterprise for Health - Anniversary Celebration Event & Conference, May 2010

To mark its 10th anniversary, the European network "Enterprise for Health" organized a cross-company networking event to exchange knowledge and ideas on the future priorities and successful strategies of company HR and health policies. [more...](#)

### 79% of European managers are concerned by work-related stress, but less than a third of companies have set procedures to deal with it

First findings from the 'European Survey of Enterprises on New and Emerging Risks' (ESENER) provide an insight into how European companies are managing health and safety issues in practice – with a particular focus on psychosocial risks. The ESENER survey covered 31 countries and involved 36,000 interviews. [more...](#)

### Working Life and Mental Health - self-help resources

The National Institute for health and Clinical Excellence (NHS) offers a range of self-help resources to help people talk about and understand their emotions, thoughts and feelings and make the best choices in addressing their mental health needs. There is also a menu item for employers and employees, which focuses on mental health in working life. [more...](#)

### Guidance for employers on promoting mental wellbeing through productive and healthy working conditions

The guidance is for those who have a direct or indirect role in, and responsibility for, promoting mental wellbeing at work. This includes all employers and their representatives, irrespective of the size of the business or organisation and whether they are in the public, private, or voluntary sectors. It may also be of interest to professionals working in human resources or occupational health, employees, trade unions representatives and members of the public. [more...](#)

### Evidence module: Workplace physical activity and nutrition interventions

This evidence module provides an overview of the best evidence currently available about workplace health promotion programs to promote physical activity, healthy diet or both and prevent overweight and obesity. It synthesises findings and recommendations from multiple systematic reviews and recent reports. [more...](#)

### Employment Week 2010 – be part of it!

This major event in the employment calendar strives to bring fresh impetus to improving the employment situation in Europe. Has your organisation achieved something you would like to share? Make a contribution and suggest a topic for one of our new 'Focus Groups'. These sessions will run alongside the main Conference programme. Contact Coleen Chester (e-mail: [coleen.chesters@summit-events.com](mailto:coleen.chesters@summit-events.com)) with your proposals. Click here for further details. [more...](#)

## Events & Dates

7-10 July 2010: Helsinki, Finland  
--- 8th European Conference on Health Economics: connecting health and economics  
[more...](#)

11-15 July 2010: Geneva, Switzerland  
--- 20th IUHPE World conference on health promotion  
[more...](#)

9-10 September 2010: Nottwil, Switzerland  
--- Swiss Public Health Conference "Health and social responsibility - Promoting health by actively addressing social determinants"  
[more...](#)

28 September to 2 October 2010: Roma, Italy  
--- 8th International Scientific Conference "HEALTH, WORK AND SOCIAL RESPONSIBILITY"  
[more...](#)

4-6 October 2010: Reykjavik, Iceland  
--- 55th Nordic Work Environment Meeting (Nordiska arbetsmiljömötet)  
[more...](#)

22-23 October 2010: Brussels, Belgium  
--- Mental Health Europe conference 2010 "CHALLENGING POVERTY – CREATING HOPE. BREAKING THE CYCLE OF POVERTY AND MENTAL HEALTH PROBLEMS"  
[more...](#)

24-25 November 2010: Brussels, Belgium  
--- Employment Week 2010 - The European Employment Forum  
[more...](#)

28./30. November und 1. Dezember 2010, Köln - Wettbewerbsvorteil Gesundheit  
Gesunde Arbeit - die Arbeitswelt von morgen aktiv gestalten [more...](#)

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