



Co-funded by
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Workplace Health Practices for Employees with Chronic Illness

European Conference on
Promoting Workplace Health
Brussels, 22nd-23rd October 2013

Organisers

prevent:
foundation



Partners



abbvie

Conclusions

John Griffiths

WORK²HEALTH

Organisers

prevent:
foundation



Partners



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Conclusion 1

- It has been a **great** conference!



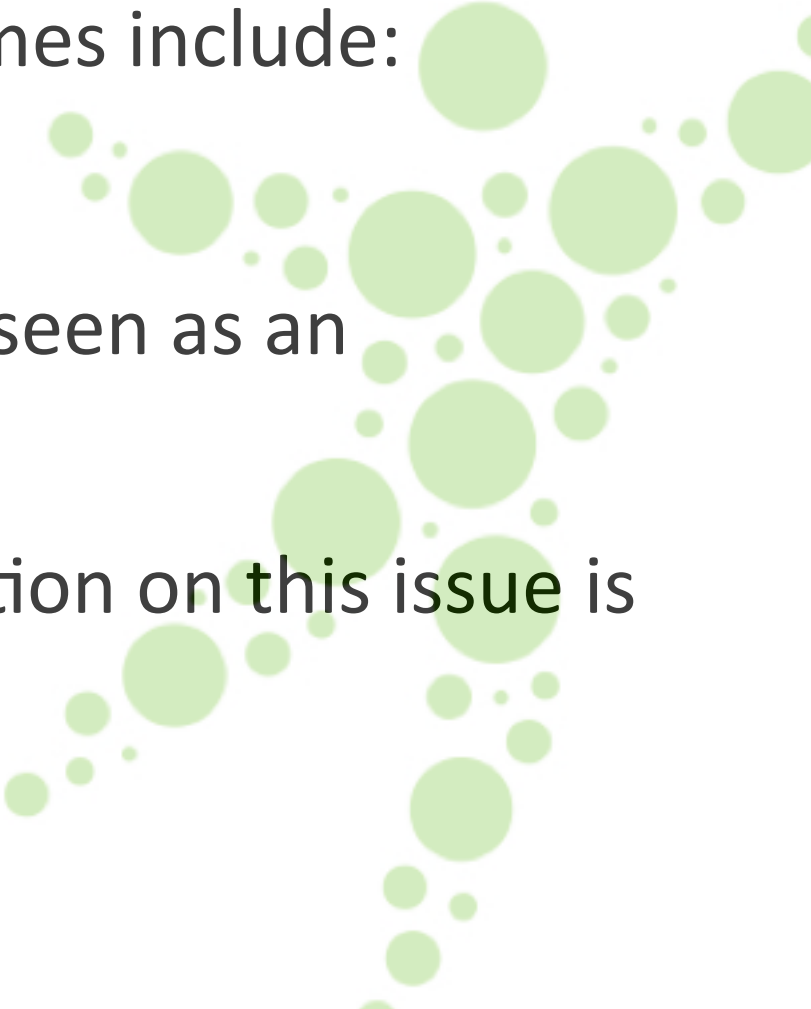
Work.

Adapted for all.

Move Europe.

Conference themes

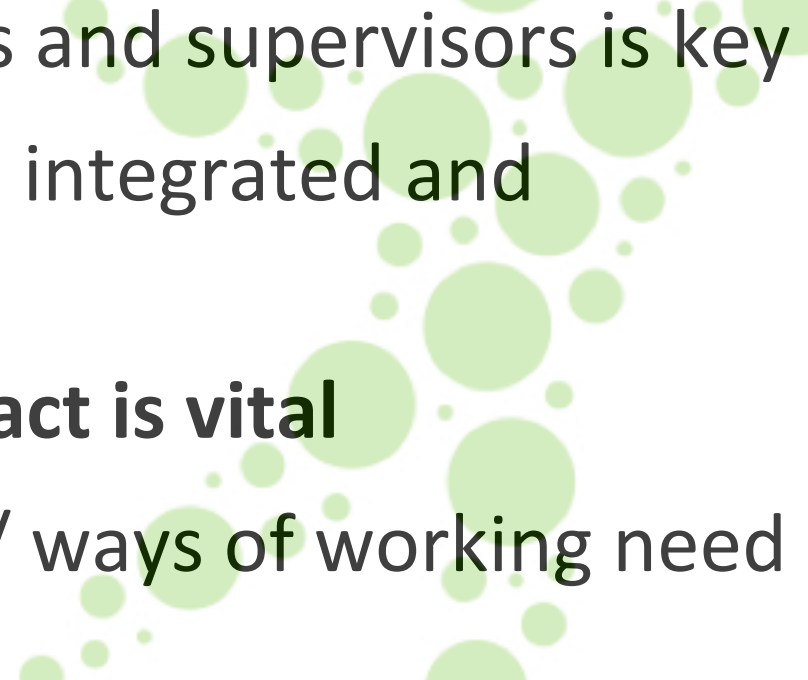
Several themes have emerged in the plenary and workshops sessions. The themes include:

- Support employers
 - Interventions should be seen as an investment not a cost
 - The business case for action on this issue is compelling
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Conference themes (continued)

- The demographic change and the increase in chronic disease levels across Europe make tackling the issue of workplace health practices for employees with chronic illness a necessity not an option
- Co-morbidity is becoming a greater problem
- **Solutions need to be tailored to the needs of the individual and the organisation – one size does not fit all**

Conference themes (continued)

- The role of line managers and supervisors is key
 - All approaches should be integrated and comprehensive
 - **Building the capacity to act is vital**
 - Silo mentality / thinking / ways of working need to be made redundant
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- A decorative graphic consisting of numerous light green circles of varying sizes, scattered across the right side of the slide, resembling bubbles or a cluster of dots.

Workplace health promotion (WHP) has been defined as the combined efforts of **employers, employees** and **society** to improve the health and wellbeing of people at work.



Luxembourg Declaration

Karl

Healthy people in healthy organisations is achieved through the combined efforts of:

Employees

Employers

Society

Nettie

The outputs of a comprehensive approach to workplace health promotion are experienced by:

Employees

Employers

Society

From this morning

- Socio economic status / men / chronic disease
- Communicate, communicate, communicate
- More of the same may not be enough, we need to identify and adopt new approaches / solutions
- Given the number of people they employ helping owner / managers in micro, small and medium sized organisations is essential.

From this morning

- *'Being ill doesn't mean you cannot work'*
- *'Good attitudes are built through action'*

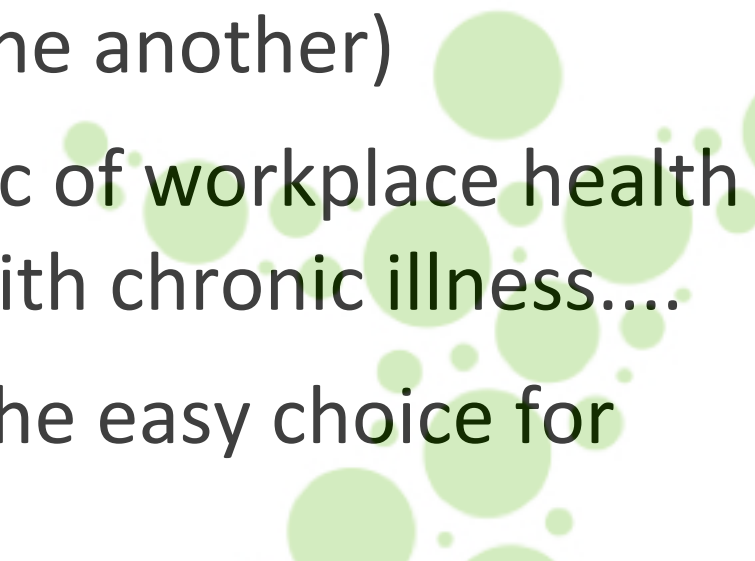


Work.

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Move Europe.

Where do we go from here – conclusions and next steps

- Apply the learning – don't reinvent the wheel (support and encourage one another)
 - Commit to raising the topic of workplace health practices for employees with chronic illness.....
 - Make the healthy choice the easy choice for employers
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Where do we go from here – conclusions and next steps

- Each of us should act as both an **advocate** and a **champion**
- Remain **optimistic!**

