

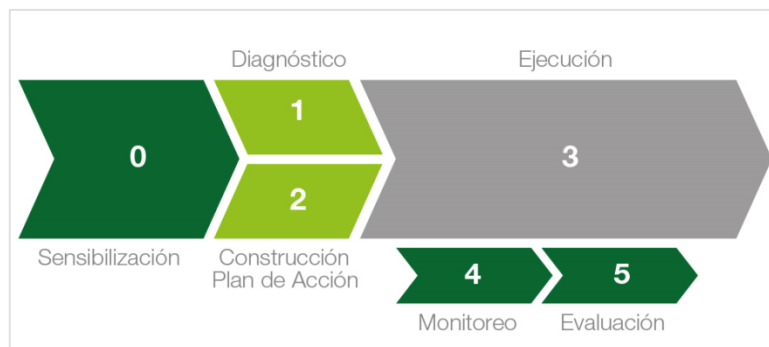
## Program for Promotion of Health and Quality of Life "For a Good Job"

The program "Promotion of Health and Quality of Life in the Workplace" developed by the Chilean Safety Association seeks to be a methodological tool to install specific management skills in the areas of promoting health and quality of life in places of work.

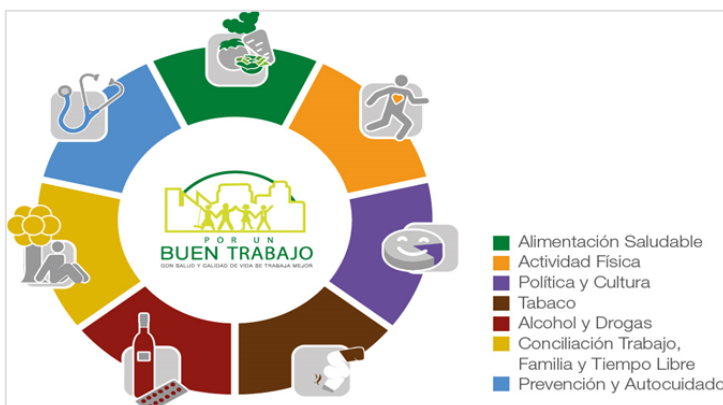
Its objectives are

- Strengthen Health Promotion actions in the workplace for individuals, groups and society, strategies aimed at Lifestyle as Social Determinants of Health to improve access of workers to a healthier life.
- Promote the development and implementation of Policies and Programs Health Promotion in work environments of different size and type, building opportunities for workers to access environments that facilitate healthy lifestyles.
- Achieve business questioning the effectiveness of interventions performed today and installing programs with long-term actions focused on improving access or opportunities for quality of life in a structural way and not necessarily only focused on individual behavior .

This program has 6 methodological steps with actions and tools that allow companies to install healthy living conditions for their workers. These are:



The topics addressed and the focus of the program:



Any questions or program information contact the **National Coordinator of Health Promotion in the Workplace** Gabriela Nuñez mail [gnunezt@achs.cl](mailto:gnunezt@achs.cl)