

Suicide Prevention at the Workplace

Toolkit developed under the Health Programme of the European Union

The "Suicide Prevention: From Regional Needs to European Solutions" conference - held on November 25, in Brussels - marked the completion of the Euregenas (European Regions Enforcing Actions Against Suicide) project.

The conference was organized in a non-conformist manner, as an open space event. Along with the interactive plenary sessions - which included international



keynote speakers - the event offered the participants the opportunity to review and to discuss the outputs / products developed within the Euregenas project presented in the "Toolbox Islands".

The Euregenas project, co-funded by the European Union under the Public Health Programme 2008-2013, and implemented by a consortium of 15 partners from 11 European regions, addressed the issue of suicidality in Europe aiming to develop and implement guides and strategic instruments for suicide prevention and awareness-raising at a regional level. During the 3 years of implementation, the project managed to identify and catalogue good practices of existing actions on suicide prevention at European and regional level - encompassed within an Online Library -, and to develop Ethical Guidelines for Technology-Based Suicide Prevention Programmes, a Training Package for General Practitioners together with a Toolbox for Facilitators of survivor support groups, and a Catalogue of Resources for Survivors. One General Guideline on Suicide Prevention and Suicide Prevention Toolkits (for media professionals, schools, and workplace) focusing on prevention, intervention and postvention were also elaborated within the project. Special attention was given to suicide prevention at the workplace. "Preventing and managing suicidal behavior. A toolkit for the workplace", containing workplace-based suicide prevention strategies and practical tools, was developed in this regard.

Mr. Theodor Haratau and Ms. Ioana Precup attended the conference as representatives of the Romanian partner, the Romtens Foundation (NCO Romania), responsible for the Evaluation Work Package of the project.

The Euregenas project succeeded in offering a wide range of suicide prevention tools and products which hopefully will be disseminated and implemented, as good practices, at the European Community level. You can find out more details about the Euregenas project and the "Suicide Prevention: From Regional Needs to European Solutions" conference on the project's web page:

<http://www.euregenas.eu/>