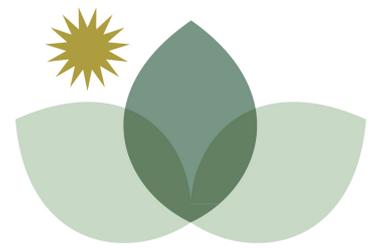


Global Healthy Workplace Awards Winners



**GLOBAL HEALTHY
WORKPLACE**
— Awards & Summit —

On the 12th of April, the International Global Healthy Workplace Awards were given to businesses, which have developed exemplary workplace health programmes aiming to improve the health of their employees. The ceremony was part of the Global Healthy Workplace Summit, organised on 10-12 April 2013 in London.

Companies from 28 countries submitted workplace programmes for review by an international panel of public health experts from five continents. The programmes were judged according to the Healthy Workplace Model for Action developed by the World Health Organization (WHO). The model includes the physical work environment, psychosocial work environment, personal health resources and enterprise-community involvement.

In the **SME category**, the award went to Toyal America from the USA, a self-insured company. Toyal America launched the “Changes that Last a Lifetime” programme to improve employee health and reduce health care costs. Toyal reversed a multi-year trend of increased health insurance premiums and lowered its workers’ compensation experience through multiple health and safety improvements.

Runner up in the category was Technica International of Lebanon, a family business of 140 employees, which incorporated all of its health, safety and environment initiatives under its Employee Satisfaction Programme.

In the **large enterprises category**, the award winner was Alexandra Health from Singapore. The company implemented a workplace health strategy built on its “5 Pillars of Health” culture and designed to keep workers healthy.

Runner up in the category was Johnson & Johnson, for their long-lasting global program to improve the health culture, aiming to reduce the risk of chronic disease, promote well-being, and sustain employee health through 12 programs: tobacco-free, HIV policy, health profile, employee assistance, physical activity, medical surveillance, health promotion, stress management, cancer awareness, healthy eating, return-to-work, and travel health.

In the **specialized category**, the prize was awarded to Royal Dutch Shell in the Netherlands and the UK. They created the Global Resilience Programme, which goes beyond existing stress management programmes and also includes positive psychology and personal development. The in-house programme is run by trained facilitators and is fully integrated into leadership training and managers’ annual goal setting with individual employees.

Runner up in this category was American Express with its Healthy Living programme, which covers all employees and dependents in 13 countries.



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The Global Healthy Workplace Summit was hosted by the [Global Knowledge Exchange Network \(GKEN\)](#) together with [Wolf Kirsten International Health Consulting](#) and [i-genius](#), and was sponsored by the [Cigna Foundation](#).

The Summit attracted more than 100 employers of all sizes, health system leaders, universities, policy leaders, NGOs, and networking organisations. Summit topics included innovative strategies to keep an ageing workforce healthy, the workplace as a setting to fight chronic diseases in emerging countries, addressing stress and mental well-being, the Return on Investment of workplace health promotion, and the enterprise-community involvement with a growing role for employers.

The European Network for Workplace Health Promotion (ENWHP) was invited to chair the session on innovative strategies to keep an ageing workforce healthy. Speakers in this session were Jorma Rantanen from the University of Jyväskylä and Eunice Yong from the Health Promotion Board in Singapore.

More information at: www.globalhealthyworkplace.com



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