

## Better Health by Work

Online webinar: 3rd to 5th May 2022

### Online webinar – Tuesday May 3rd 2022

09.00 – 09.10 CET	Welcome and general information	Erika Grönlund
<b>Block I – Background and introduction to Better Health by Work</b>		
09.10 – 09.45 CET	Introduction to course and why the need for a new approach to better health by work?	Andreas Holtermann
09.45 – 09.50 CET	Break	
<b>Block II – What is healthy work?</b>		
09.50 – 10.15 CET	What is healthy work?	Leon Straker
10.15 – 10.45 CET	Physical healthy work	Svend Erik Mathiassen
10.45 – 10.50 CET	<i>Break</i>	
10.50 – 11.20 CET	Psychosocial healthy work	TBA
11.20 – 11.50 CET	Plenum Discussions	Andreas Holtermann
11.50 – 12.00 CET	Closing remarks	Leon Straker

### Online webinar – Wednesday May 4<sup>th</sup> 2022

08.30 – 08.40 CET	Welcome and general information	Svend Erik Mathiassen
<b>Block I – Healthy work Goldilocks interventions - Childcare &amp; Rail</b>		
08.40 – 09.10 CET	Childcare	Kathrine Schmidt
09.10 – 09.30 CET	Rail	Steph Chappel
09.30 – 09.35 CET	<i>Break</i>	
09.35 – 10.00 CET	Plenum Discussions	Leon Straker
<b>Block II – Healthy work Goldilocks interventions - Industry</b>		
10.00 – 10.45 CET	Industry work	Anders Lerche

10.45 – 10.55 CET	<i>Break</i>	
10.55 – 11.50 CET	Breakout room & Plenum	<b>Svend Erik Mathiassen</b>
11.50 – 12.00 CET	Closing remarks	<b>Andreas Holtermann</b>

### Online webinar – Thursday May 5th 2022

08.30 – 08.40 CET	Welcome and general information	<b>Erika Grönlund &amp; Leon Straker</b>
	<b>Block I – Healthy work Goldilocks interventions - Eldercare</b>	
08.40 – 09.00 CET	Eldercare Trondheim	<b>Fredrik Lohne</b>
09.00 – 09.20 CET	Eldercare Copenhagen	<b>Maja Villumsen</b>
09.20 – 09.50 CET	Plenum Discussions	<b>Andreas Holtermann</b>
09.50 – 10.00 CET	<i>Break</i>	

### Block II – From Research 2 Practice

10.00 – 10.30 CET	How bring Health by Work to practice? Breakout room session	<b>Skender Redzovic &amp; Marius Fimland</b>
10.30 – 11.00 CET	How bring Health by Work to practice? Plenum session	<b>Skender Redzovic &amp; Marius Fimland</b>
11.00 – 11.10 CET	<i>Break</i>	
11.30 – 11.50 CET	Q&A's - Open dialogue – Plenum session	<b>Svend Erik Mathiassen &amp; Leon Straker</b>
11.50 – 12.00 CET	Summary & Closing remarks	<b>Andreas Holtermann</b>