



Dear reader

ENWHP was formally established in 1996. With the support of the European Commission, DG Health and Consumer Protection, the ENWHP has carried out a number of important European initiatives over the past decade which have established workplace health promotion (WHP) as a field of action for public health at European and national level. The current 7th initiative focuses on life-style related Workplace Health Promotion (WHP), and especially on the combination of physical activity, healthy diet, mental health and smoking prevention.

Kind regards
ENWHP-Newsletter-Team

The current topics

European Pact for Mental Health and Well-being

A "European Pact for Mental Health and Well-being" was established at the EU High-Level Conference "Together for Mental Health and Well-being". The Pact is a symbol of the determination of the conference participants to exchange and work together on mental health opportunities and challenges. It focuses on four priority themes: Prevention of Suicide and Depression, Mental Health in Youth and Education, Mental Health in Workplace Settings and Mental Health in Older People. [more...](#)

MoveEurope – Eating is one of the best things life has to offer

Nutrition and intake of food is essential to life but is also has a social and cultural connotations. Imagine a family celebration or a social occasion with your friends without food. The way we eat indirectly influences our general feeling of well-being and satisfaction with life and gives us energy to get through the day. [more...](#)

German Network for Workplace Health Promotion (DNBGF) Conference „Healthy Employees – Healthy Businesses – Healthy Society” was a resounding success

On 16th-17th June 2008 the 330 members of the German Network for Workplace Health Promotion (DNBGF) and other interested parties attended the 3rd DNBGF conference. The conference provided a platform for sharing experiences and further networking. The presentations and the discussions over these two days showed that workplace health promotion (WHP) has developed from project level to a working level. [more...](#)

Preventing noncommunicable diseases in the workplace through diet and physical activity

Workplace health promotion programs that target physical activity and eating habits have been shown to be effective at preventing obesity, diabetes and cardiovascular disease – risk factors that lead to illness and premature death. This report, the outcome of an event organized by the World Health Organization and the World Economic Forum, summarizes the evidence supporting the workplace as a key setting for interventions designed to prevent noncommunicable diseases. Enhanced employee productivity, lower medical costs and improved corporate image are driving senior management to invest in such programs. [more...](#)

Working conditions of an ageing workforce

The report highlights four factors which are key to shaping the age structure of Europe's workforce: ensuring career and employment security; maintaining and promoting the health and well-being of workers; developing skills and competencies; and reconciling working and non-working life. [more...](#)

Events & Dates

11-13 August 2008: Reykjavik, Iceland --- The 40th Nordic Ergonomic Society conference
[more...](#)

27-31 August 2008: Geneva, Switzerland --- World Cancer Congress 2008
[more...](#)

9-13 September 2008: Turin, Italy --- 8th IUHPE European Conference on Health Promotion and Health Education
[more...](#)

22-24 September 2008: Berlin, Germany --- 4th International Forum on Disability Management
[more...](#)

24-27 September 2008: Timisoara, Romania --- National Congress in Occupational Health
[more...](#)

3 October 2008: Rome, Italia --- Promuovere la salute dei lavoratori: occasione di crescita socialmente responsabile per aziende e addetti
[more...](#)

9-10 October 2008: Tallinn, Estonia --- International Workshop on postponing ageing "Contemporary Problems of Prolonging Work Ability"
[more...](#)

30-31 October 2008: London, United Kingdom --- EfH Management Conference
[more...](#)

5-6 November 2008: Basel, Switzerland --- 2nd Trade Fair for Work and Health "Healthy employees also boost the balance sheets"
[more...](#)

6-8 November 2008: Lisbon, Portugal --- 16th European Conference on Public Health
[more...](#)

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