



**Development Of Structures For Dissemination Of Good Practice In The Field Of
Workplace Health Promotion In The Acceding And The Applicant Countries
Project financed by the European Commission (EC 2004316)**

DRAGON FLY - Round Table Series

Estonia/ Tallinn, December 19th

For all its Members States ENWHP aims at developing supportive national infrastructures for WHP. In order to initiate this process in all of the New Member States the network develops a series of “roundtable-meetings”. These events, which encompass representatives from businesses, politics, health experts and other stakeholders, are part of the network ambition to improve the dissemination of good workplace health practices and policies in these countries. The fifth roundtable of a series of seven was held in Estonia/ Tallinn.

Tallinn, Dec. 19th --- The ENWHP National Contact Office (NCO) in Estonia, the Ministry of Social Affairs, invited a group of workplace health promotion stakeholders to participate in the roundtable meeting to discuss opportunities for developing workplace health promotion policies and practices in Estonia.



Health experts listen to the presentation made by Patrycja Wojtaszczyk

The roundtable meeting was led by the National Institute for Health Development which is currently responsible as National Contact Office for representing the ENWHP network in Estonia. The roundtable meeting is part of ENWHP Dragon-fly project, an initiative led by the Polish member organisation (the Nofer Institute of Occupational Medicine) to support the integration of the New Member States into the operations of the ENWHP. **Patrycja Wojtaszczyk** and **Eliza Iwanowicz** introduced the current project status and shared their experiences of organising the national and local WHP forums in Poland. **Gregor Breucker** (ENWHP secretariat) set up the current concept of WHP and arguments for investing in this field.

All participants belong to the recently established Estonian network of health promoting enterprises, the Labour Inspectorate, the National Institute for Health Development and the Ministry of Social Affairs.

The participants discussed possible opportunities for establishing infrastructures for supporting a wider dissemination of good workplace health promotion practices. The representatives of the Estonian network of health promoting enterprises currently involves approx. 20 enterprises.



Health experts at the round -
table

This initiative is being sponsored at present by the National Health Fund and there are plans to enlarge the group step-by-step. This initiative might be interesting as a kind of national platform or forum for other interested stakeholders in the field. In addition, the ministry is currently exploring means to involve the National Institute for Health Development in establishing a wider practice in Workplace Health Promotion.

The Estonian NCO will examine how the ENWHP invitation to organise a national WHP seminar can be combined with the Estonian network of health promoting workplaces. leading to the development of the strong Slovenian forum for WHP.

Next Workshops to be held:

The project “*Development Of Structures For Dissemination Of Good Practice In The Field Of Workplace Health Promotion In The Acceding And The Applicant Countries*”, in short: **Dragon-Fly**, is co-ordinated by the **Polish Nofer Institute**. The Network began in 2004 to develop a framework for co-operation between relevant stakeholders of the applicant countries and the current Member States. After having established national contact offices in Cyprus, Estonia, Malta, Lithuania, Latvia, Slovenia, Slovak Republic, the network analyses the current situation with regards to strategies, policies & practices for promoting workplace health in 12 AAC countries. **For more information contact:**

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NOFER INSTITUTE OF OCCUPATIONAL MEDICINE

Latvia: January 13,