



# GOOD PRACTICE AUSTRIA Social Coaching

# **Contact person (NCO)**

# Name and organisation

Christoph Heigl - OÖGKK

#### E-mail address and website

christoph.heigl@ooegkk.at www.ooegkk.at

### General information about the MOGP

#### Name of organisation and short description

OÖGKK (Upper Austrian Sickness Funds), Austrian employers insurance

#### **Contact person**

Christoph Heigl

#### Website

www.ooegkk.at

# Information on the good practice 'Social Coaching'

#### **Aims**

- Preventing employees of disability and early retirement.
- Reintegration after long-time sickness absence.
- Encouraging the return to work of chronically ill employees.

# Target group

People, who need professional coaching or an adaptation of their workspace due to a physical or mental disability (including drug addiction).



## **Description**

OÖGKK employs a high number of people suffering from chronic illness. Therefore three main activities are offered to manage resulting challenges: return-to-work talks, evaluation and adaptation of the workplace. These measures are not only limited to people with physical disabilities, but were also created for people with mental problems or employees who had stayed absent for a longer period of time due to long-time sickness.

## Why is it a good practice?

- Focus on chronic illness.
- Issue of self-management/self-determination.
- Any process and outcome data available.

#### **Results**

#### **Evaluation**

OÖGKK started "Social Coaching" in 1999. Since then it has changed on a marginal basis. Nowadays the social coaching is very similar to case management. The analysis of the triennial survey shows that people suffering from chronic illness feel accepted and integrated at the OÖGKK. The costs and benefits have been estimated but not calculated exactly.

#### **Incentives for success**

The OÖGKK fulfills the obligation of the BEinstG (law concerning employment of people with chronic illness) and therefore is not dedicated to pay a fee of 226 Euro per month.

#### **Barriers for success**

Not specified.



